



Nancy S. Grasmick
State Superintendent of Schools

200 West Baltimore Street • Baltimore, MD 21201 • 410-767-0100 • 410-333-6442 TTY/TDD

August 15, 2009

Dear Principal:

The Maryland State Department of Education (MSDE) is co-sponsoring a poster contest with PRIME Outlets, the Maryland Association of School Health Nurses (MASHN), the Maryland Association for Health, Physical Education, Recreation and Dance (MAHPERD), and the Maryland PTA to create awareness for increasing physical activity among children and families. MSDE is excited about the great opportunity for one of your students to inspire, educate, inform, and connect students all over Maryland to the value of physical activity by participating in the *Take 15 for Physical Activity* Poster Contest.

The contest is open to students in grades 3, 4, and 5. One poster from each grade level will be chosen to represent children in Maryland as they display the importance of increasing physical activity. Poster entries must be postmarked no later than November 13, 2009. In keeping with the contest's theme, one "Wii" console/game system will be awarded per grade level. Additional prizes will also be awarded during a health-awareness event to be held in December 2009. The winning posters will be on display at MSDE and posted on the website at www.marylandpublicschools.org.

Attached are the submission form with mailing instructions and a flyer with complete contest details. We hope you will designate a member of your staff to coordinate this activity for your school and encourage students in grades 3, 4, and 5 to enter the *Take 15 for Physical Activity* Poster Contest.

Thank you for your continued interest to keep Maryland students healthy and create awareness for increased physical activity. If you need additional information regarding the poster contest, please contact Gail Tucker, Specialist, at (410)767-0482, or email gtucker@msde.state.md.us.

Sincerely,

Nancy S. Grasmick
State Superintendent of Schools

NSG/AM/GVT/mw
Attachments

C: Local School System Superintendents